

PMAFA CUSTOMS AND ETIQUETTE

READ TWICE A DAY FOR FIRST 21 DAYS OF ENROLLMENT

1. Remove shoes upon entering the Dojang and bow when entering or exiting your class or training area.
2. Upon greeting or asking a question of your senior or your instructor, always show respect by standing at attention and bowing first and/or executing a Tang Soo Do hand shake.
3. No chewing gum/tobacco or eating in the Dojang during classes. No jewelry is to be worn in the Dojang, such as , rings, bracelets, wrist bands, ear rings, etc.
4. Parents should address the Master Instructor as Master Purefoy or Sabomnim to maintain the proper courtesy and respect from students. All Black Belts must be address as Mr., Miss, Mrs. Or U Danja-nim.
5. Always answer with the proper level of respect (i.e. Yes sir, no sir) to your seniors and instructor(s). Students should always bow before and after speaking to the instructor or senior members and end their conversation with Com Sa Hom Ni Da Sir/Mam (Thank You).
6. When spoken to by a senior or your instructor, always stand at attention.
7. When performing forms, never show your emotions (confusion).
8. Always offer your senior or your instructor to pass or sit first.
9. Be able to recite the ten articles of faith at anytime.
10. Always be vigilant and protective of your classmate.
11. When being excused from the class rank, always bow out. When re-entering, stand at attention and wait to be called in.
12. When performing One-Step Sparring, Forms, or other techniques, never ask to do something different. The instructor has everything planned out.
13. When the instructor enters the Dojang, the senior belt holder must call the class to attention, give a command to face the instuctor, then a command for all students to bow (Sa Bom Nim Ke Kyung Yet).
14. Students should line-up quickly and stand at attention until the instructor gives the next command.